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Dialogical Answerability and Autonomy Ascription

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Abstract

Ascribing autonomous status to agents is a valuable practice. As such, we ought to care about how we engage in practices of autonomy ascription. However, disagreement between first-personal experiences of an agent's autonomy and third-personal determinations of their autonomy presents challenges of ethical and epistemic concern. My view is that insights from a dialogical rather than nondialogical account of autonomy give us the resources to combat the challenges associated with autonomy ascription. I draw on Andrea Westlund's account of dialogical autonomy—on which autonomy requires a dialogical disposition to hold oneself answerable to external critical perspectives—to make my case.

Feminist literature on personal autonomy is often focused on the conceptualization of autonomy in ways that “recognize the social and relational character of human agency” (Veltman and Piper 2014, 1) *contra* traditional views of autonomy that are frequently characterized as promoting an image of the autonomous agent “as essentially independent and self-sufficient” (Barclay 2000, 52). As such, feminist scholars have been motivated to advance broadly *relational* formulations of autonomy, which are premised on the idea that “agents' identities are formed within the context of social relationships and shaped by a complex of social determinants, such as race, class, gender, and ethnicity” (Mackenzie and Stoljar 2000, 4). The term *relational* autonomy should be treated as an umbrella term, but its general aim is to capture a more realistic, *social* picture of autonomy. This would give us the theoretical foundations necessary to discern the ways that *social* forces like oppression might negatively interfere with someone's autonomous status. By contextualizing autonomy as a phenomenon shaped by social forces, feminists may treat the attainment of autonomy as an “emancipatory ideal for those who cope with systemic abuse” (Veltman and Piper 2014, 1).

In view of this project, scholars have proffered various relational theories of autonomy. Some scholars, like Marilyn Friedman, offer a *procedural* view of autonomy, in which autonomy is achieved in the absence of undue coercion, alongside “the right sort of reflective self-understanding or internal coherence” (Friedman 2000, 40).

On such a view, there is no particular *way* that the agent is supposed to live; all that is required is that they are free from coercion and meet the necessary procedural conditions. By contrast, a strongly *substantive* view places restrictions on the type of content that may be adopted as part of an agent's decision-making inputs. For instance, Natalie Stoljar's *normative competence* account states that in order for agents to count as autonomous, they should be able to criticize and exclude false and oppressive norms from their decision-making inputs (Stoljar 2000, 109).

There are various other ways to emphasize the different features of autonomy theories. For example, calling an account of autonomy *internalist* is to say that the account focuses on qualities possessed and exhibited by *agents*. Stoljar's substantive account mentioned above is an example of this, as it posits that it takes a particular competence for the agent to be autonomous. Similarly, Diana Meyers's claim that autonomy is a "repertoire of coordinated skills" (Meyers 1989) also has an internalist focus. In an *externalist* account, by contrast, it is not necessarily personal competencies that determine one's autonomy but rather ways that the social environment interfaces with the agent in question. For example, Rebekah Johnston's externalist view states that constraints to autonomy issue from the fact that *others* are permitted to exercise traits that oppress and subjugate people, not because those made subject to oppression *possess* particular autonomy-undermining qualities (Johnston 2017, 313).

We might also look at whether an autonomy theory treats the concept of autonomy as a *local* or *global* concept. A more *local* treatment of autonomy looks at what it means for a person to be autonomous "with respect to her desires and actions" (Taylor 2005, 7) and whether a person's present *choices* are autonomous (Brison 2000, 284). By contrast, a global account assesses autonomy in a more holistic sense. That is, we treat autonomy as "a global property of the person" (Oshana 2014) rather than as a property of particular choices. Scholars like Marina Oshana, who focus on agents' social standing, frame autonomy in this way. The focus on an agent's position in society enables us to advocate for conditions conducive to that agent's emancipation.

This brief survey demonstrates that we have rich and various resources to analyze autonomy in ways that call attention to feminist concerns like social oppression. However, the accounts surveyed above lack a distinctively *dialogical* component. That is, these accounts do not explicitly instantiate conditions that require the agent to engage and participate in interpersonal discussion or discursive exchange. As such, these views are *nondialogical*.¹

But why should it matter whether autonomy accounts invoke a dialogical component? Although the perspectives surveyed above lead to interesting discussions about the *nature* of autonomy, my view is that accounts that are not explicitly dialogical do not provide us with the tools to combat some of the challenges that may arise when we try to *ascribe* autonomy to people. My article will demonstrate that the practice of autonomy ascription—that is, determining that agents have autonomous status—has several ethical and epistemic implications that warrant philosophical attention in feminist discussions of autonomy. My view is that a specifically *dialogical*—rather than *nondialogical*—view of autonomy should be able to provide us with the resources to combat the issues I raise herein about autonomy ascription.

I begin my article in part I by claiming that there is a positive ethical value to assigning someone autonomous status. This makes it imperative that we take autonomy ascription seriously. However, there is often a rift, or disagreement, between first-personal experiences of autonomy and third-person ascriptions of autonomy. Disagreement between these perspectives can be problematized as an intertwined

ethical and *epistemic* issue. It constitutes an ethical issue because there is something disrespectfully paternalistic about denying agents their *authority* to speak for themselves—in fact, it would seem to go against the very spirit of the concept of autonomy to call an agent nonautonomous when that agent might protest otherwise. Moreover, the rift between the first-personal and third-personal viewpoints constitutes an epistemic problem, to the extent that it may involve a paternalistic denial of the agent's self-knowledge and enact other epistemically vicious attitudes toward the agent, such as closed-mindedness toward the agents' perspective. It is surprising that for all the rich feminist-minded discussions of autonomy in philosophy, issues related to the *ascription* of autonomy are rarely addressed. In my view, nondialogical views are not particularly well-equipped to explicitly address these issues. This is why I call for a dialogical account of autonomy as a promising way to deal with issues of autonomy ascription.

In part II, I draw out insights specifically from Andrea Westlund's dialogical account of autonomy, which states that autonomy mandates holding oneself dialogically *answerable* to external critical perspectives. I believe her account can provide us with the tools to mitigate some of the aforementioned problems generated by autonomy ascription. Westlund's dialogical account takes first-personal answerability to be centrally important for autonomy. In the context of autonomy ascription, the practical application of this principle can alleviate the worry that ascribing autonomy may end up disrespecting the agent. By consulting the views of the agent whose autonomy is in question, as suggested on Westlund's view, we can exercise an open-minded *curiosity* about their justificatory schemes, and become *informed* about their perspectives in ways that do not enact epistemically vicious attitudes toward them. As such, I will contend that involving practices of dialogical exchange in autonomy ascription is crucial to *enhancing* the process and practice of autonomy ascription.

Although I commend the dialogical view for its utility in *practically* addressing issues to do with the *ascription* of autonomy, in the third and final part of my article I point out that conceptually endorsing a *purely* dialogical account of autonomy would have its limitations. Dialogical answerability is not an *exceptionless* indication of the agent's autonomy: it may overly idealize articulacy and mask oppressive influences. As such, we must take care to situate our dialogical exchange against the social background in which it takes place. Keeping such limitations in mind, however, the dialogical account is attractive over nondialogical views; a focus on dialogical exchange is a principle that would help us model better practices of autonomy ascription.

1. Disagreement and The Problem Of Autonomy Ascription

Autonomy ascription is about *attributing* autonomous status to agents, whatever that might entail. The attribution might involve *calling* someone autonomous, or *acknowledging* that someone is an autonomous person in routine interaction. The attribution of autonomy would involve a kind of respect for that person *as* an autonomous agent: as an individual with the authority to make their own choices and to speak on behalf of their own preferences and decisions. In this section, I will take for granted—for the most part—that ascribing autonomy to agents is a good thing. I then provide examples of potential disagreement over the ascription of autonomy and outline why this disagreement should be treated as a problem that warrants philosophical attention. I will then claim that *dialogical exchange* is a key process that should be instantiated to alleviate disagreement over autonomy ascription.

First, let me briefly outline why it is valuable to positively ascribe autonomy to agents. In my view, the process of autonomy *ascription* itself generates novel opportunities for agents' autonomy to be enhanced or undermined. This holds independently of the theoretical conditions purported to describe autonomy. For instance, in medico-legal contexts, being ascribed with *patient autonomy* is not only a declaration of an agent's decision-making competence. Ascribing autonomy to the patient normatively *grants* that agent particular ethical treatments. For example, the status of patient autonomy legitimates the call to treat that agent as having the *authority* to make their own medical decisions without undue interference; autonomous status also calls for that agent's decisions to be respected and upheld regardless of how imprudent or irrational they may appear to outsiders. Ascribing autonomy to an agent thereby confers respect for that agent's decision-making authority. Assuming we have no countervailing reasons to consider otherwise, having autonomy ascribed in such fashion seems to have a positive ethical value. This itself appears quite intuitively to enhance that agent's autonomy. If we can at least accept that certain *treatments* follow or are congruent with being called autonomous, we should find the positive ethical value—and the high stakes—of autonomy ascription plausible.

Given that we are taking the ascription of autonomy to be ethically valuable, we are then naturally led to consider the question of when and *how* we might appropriately ascribe autonomy to agents. At first blush, we seem to already have a straightforward answer. We might point out that autonomy theories already do the work for us in terms of outlining who *should* be described as autonomous or nonautonomous. After all, is this not what the various alleged *conditions* of autonomy are meant to tell us? It seems almost redundant to talk about autonomy *ascription* provided that our autonomy conditions are correct—we would simply say that we should ascribe autonomous status to whoever fits the relevant description of autonomy, and refrain from autonomy ascription in cases where the agent does not fit the relevant description of autonomy.

Be that as it may, we should take seriously the potential *disagreement* that might arise between first-personal experiences of autonomy and third-party descriptions of autonomy, especially in the case that an agent wants to claim that they are autonomous *against* determinations to the contrary. This is the *problem* of autonomy ascription. Of course, people might contest all sorts of ascriptions placed on them; this would be nothing new.² But autonomy is one of various ascriptive concepts that have particularly high stakes, given its multiple functional values (as a reason to find someone respect-worthy, as a right-claim, an identity, and so on) and its role as an emancipatory heuristic in our context of feminist philosophy. Being restrictive about autonomy ascriptions could in this sense be ethically devastating for the individual, and it seems to me sensible to set the burden of proof rather high if we wish to count someone as *lacking* in autonomy. Thus, the question of when it is proper to ascribe autonomy—even in view of plausible proposals about *what* autonomy is—remains open. Furthermore, how we should *in practice* ascribe autonomy in light of efforts to adjudicate the kind of *disagreement* mentioned earlier is uncertain—and this uncertainty is what I wish to redress for the remainder of my paper.

Recall Stoljar's normative competence view of autonomy from my earlier survey of autonomy theories. On Stoljar's view, agents must be able to critically exclude false and oppressive norms from their decision-making inputs. Now suppose that a woman, Jane, counts as nonautonomous on Stoljar's account of autonomy because she fails to exercise normative competence—she does not exercise critical exclusion of gendered

oppressive norms in her choice-making. Jane appears, rather, to contentedly conform to stereotypes about feminine domesticity and to the desire to be a good “housewife.” She would, however, like to think herself perfectly autonomous. She claims something to the effect that her personal endorsement of domesticity, and her lack of interest in problematizing her traditionally feminized role as housewife, should be proof enough that her preferences are what she “really” wants. She would both detest and protest the idea that her preferences are reducible to some textbook instance of internalized oppression. She feels, as a matter of fact, alienated from variants of feminism that seem to *her* unreasonably intent on insisting that she is nonautonomous.

Although this example is fictional, it is a plausible enough, commonplace conflict that might arise for autonomy ascription in practice—especially in our feminist context of autonomy. We could frame such disagreement in several ways. One response we might have is to say that this is a trivial problem—a mere dispute over which accounts of autonomy individuals *personally* find plausible as representative of their circumstances. We could recognize that Jane really just expresses a *proceduralist* view about her autonomy by insisting that she freely identifies as a “housewife.” But we could still maintain that there is a *fact* about her autonomy—or lack thereof—independent of her first-personal view. We might say that Jane is simply mistaken to believe that she can truly identify as a housewife in a way that escapes her problematically gendered socialization. If we assume Stoljar’s normative competence account is true, Jane would still count as nonautonomous. We can say of *any* account of autonomy, really, that it should not require a personal endorsement from the agent it describes for it to still hold *true*.

In my view, however, it would be a mistake to say that autonomous status is entirely independent of an agent’s first-personal perspective, at least given my interest in autonomy ascription as an ethically *valuable* thing to confer on an individual and the high burden of proof it would take *not* to confer it. In this sense, my view is that it is appropriate to maintain an agnostic position on the question of whether somebody’s autonomous status *could* be described entirely independently of the agent’s first-personal input; prioritizing the normative value of soliciting the agent’s first-personal viewpoint as a resource used to *ascribe* autonomy is more important. Just as we might sometimes set aside age-old questions about whether something like free will *really* exists—in favor of the normatively desirable practical supposition that it does—it seems to me that drawing on an agent’s first-personal perspective is an important step in a *fair* adjudication between the first-personal perspective and third-party autonomy descriptions.

What I am getting at is this: the agent’s first-personal perspective—no matter what it holds—should at the very least be elicited *as part of* any process of autonomy ascription. Ascriptions of autonomy should be reconsidered or revised in earnest, *in light of* points of departure in disagreements between the first-personal perspective and the third-personal autonomy ascription. Addressing this issue of disagreement requires a kind of dialogical *bridge*: we should ask and consult agents about what *they* find constitutes reasons, motivations, and justifications for their decision-making, as a way to shape our practice of autonomy ascription in a way that is attentive to agents’ own perspectives.

Take an ongoing tension over the issue of autonomy in feminist debates about sex work, for example. Much of the debate on sex work is couched in terms of a tension between oppression and sex workers’ lack of autonomy. Though liberal feminists might argue that workers have a right to offer sexual services in exchange for money or other goods, because of bodily autonomy, radical feminists would say that the sex trade is emblematic of violence against women (Lux 2009). Against the more damning

assumptions, sex workers may “[resent] the assumption that their work was necessarily demeaning and never freely chosen” (Overall 1992, 705). Part of the grievance here, I believe, rests on issues that are exacerbated by a lack of dialogical exchange. Sex workers may feel that their insight is neglected, and their autonomous status reduced by others, without appropriate consultation. The language of autonomy, then, *entrenches* conflict between feminists who want to criticize sex trade by supposing the latter undermines autonomy wholesale, and sex workers who feel that their work is misjudged, simplified, and looked down on by feminists who denigrate their work. This conflict doesn’t seem like it can be satisfactorily dealt with merely by sticking to the purportedly feminist motivation to determine sex workers as nonautonomous. It is also not resolved by treating sex workers *as though* they are autonomous for merely practical, political purposes, without really listening to the narratives and justificatory schemes these sex workers offer for their own decisions. A fair process of adjudication when it comes to autonomy ascription must involve not merely paying lip service to those whose autonomy is up for question, but earnest efforts to make sense of the disagreement by listening to their first-personal narratives.

In conflicts of the kind described above, we can pick out features we could take as disrespectful toward the agents whose autonomy is in question. Several paternalistic attitudes are implied in the insistence that someone is nonautonomous against first-personal protests to the contrary: it indicates that the agent’s perspective can be trumped by another, that the agent lacks access to self-knowledge, that the agent’s own perspective is irrelevant for their autonomous status, and so on. Perhaps there are cases where such paternalism is justified—it doesn’t seem particularly controversial to call a currently intoxicated person nonautonomous, for example—but this is not so clear in cases like that of autonomy and sex work. In such cases, it seems that denying an agent their stake in the disagreement over their autonomous status would be problematic from an ethical perspective, and a serious blow to the emancipatory goals of any autonomy theory. Indeed, it seems to go against the feminist spirit of autonomy we surveyed earlier. If a concept of autonomy should recognize the potential for agents to be shaped by the social environment around them in both empowering and disempowering ways, a practice of autonomy ascription wherein an agent’s authority to answer for themselves is diminished or silenced should not be seen as particularly consonant with the liberatory potential of autonomy.

Furthermore, it seems that some of this paternalism is potentially *epistemically* vicious by way of evoking intellectual vices. Linda Zagzebski points out that examples of intellectual vices include “intellectual pride, negligence. . . rigidity, prejudice. . . closed-mindedness, insensitivity to detail, obtuseness, and lack of thoroughness” (Zagzebski 1996, 152). The problem with these intellectually vicious traits, according to Quassim Cassam, is that they impede responsible inquiry (Cassam 2016, 160). We can see how such vice might be evoked in the context of autonomy ascription: in maintaining that someone is nonautonomous without consulting the agent whose autonomous status is in question (as happens to be the case in the sex work example), we may end up misrepresenting the psychology of the agent by making false assumptions about the content and causes of their desires and preferences. From an epistemic perspective this is potentially negligent, insensitive, and closed-minded toward relevant and valuable first-personal contributions an agent may be able to make in autonomy ascription.

And if our assumptions about the agents whose autonomy we determine are indeed mistaken, all the worse for our practice of autonomy ascription that theories of

autonomy do not offer a corrective to the gaps in our knowledge of the individual. *Not* consulting and addressing agents' perspectives may leave us with a mistaken base of presumptions on which evaluations of their autonomy are made. As I have mentioned already, the threshold for the burden of proof is high if we want to determine someone is *lacking* in autonomy. That is not to say agents themselves can't be mistaken about their own preferences or that they can't be *self*-deceived in some way. Perhaps this is also possible. But the point is that it is bad practice to inquire into an agent's autonomy, and to make judgments about their autonomy, on the presumption that acquiring knowledge about their circumstances without also consulting the agents in question is possible in the first place. A nondialogical practice of autonomy ascription would be overly optimistic, on a charitable reading, but more plausibly, it would be epistemically vicious. Although agents may be mistaken about their own autonomy, it surely does not compare to the worry that outside *others* are prone to make similar mistakes *against* the agents' first-personal perspectives.

So issues of intertwined ethical and epistemic interest occur as part of the problem of autonomy ascription. Not only is it ethically dubious practice to exercise the kinds of paternalistic attitudes regarding autonomy mentioned herein, it also seems bad for epistemically responsible inquiry to do so. As the sex work example shows us, individual narratives *should* have a meaningful place in autonomy ascription. This means agents whose autonomy is called into question should be consulted directly for their views and given sufficient opportunities to answer for their decisions.

Enacting opportunities for dialogical exchange as part of the autonomy ascribing process, then, could resolve the question of what actions we ought to take for a *fairer* practice of autonomy ascription. As we saw in the previous section, descriptive but nondialogical theories of autonomy by themselves often did not sufficiently resolve the potentially paternalistic ways that ascriptions of autonomy might be imposed on persons. We can mitigate the issue by asking agents directly what they think, how they conceptualize their own autonomy, what their reasons are for holding their preferences, what issues they see with being denied autonomous status, and so on. We can outline substantive questions to elicit meaningful and relevant answers that might figure in our autonomy ascription of the agent. Just as we try to talk to our friends about their choices to understand them better, to empathize with them, to become accepting of their decisions, and to form a picture of the motivations that underlie their choices, it seems entirely appropriate to do the same with agents whose autonomous status we treat as subject to evaluation and judgment.

By giving agents the opportunity to answer for their own schemes of justification, we can also combat the worry that autonomy ascription involves epistemically vicious attitudes. In place of assumptive attributions of an agent's views and circumstances, which presume knowledge *over* the agent, we give agents proper epistemic authority by enabling them to answer for their own insights, reasons, justificatory schemes, and so on. Working *with* agents' first-personal perspectives seems naturally to exhibit a kind of intellectual humility about the limits of what we should presume to know about other people. Overall, then, *good* practices of ascribing autonomy should invoke some process of dialogical exchange.

II. Dialogical Answerability

I've made the general point that exercising dialogical exchange in autonomy ascription would involve consulting agents whose autonomous status is in question for their first-

personal perspectives. In this section, I will fill in the details of what such an exchange would involve and how it might transform our practice of autonomy ascription. I draw from and apply Westlund's dialogical account of autonomy to show how it might help us make progress on the problems of autonomy ascription.

Westlund takes autonomy to involve a kind of *answerability*. She says that the kind of self-governance relevant for autonomy requires a disposition to "hold oneself answerable to external, critical perspectives on the commitments or policies that guide one's practical reasoning" (Westlund 2011, 170). That is, we have a responsibility to *respond* to second-personal external queries about our practical reasoning and supply *answers* to others regarding our decision-making policies. She clarifies that this disposition for answerability is "a feature of the agent's psychology, and thus internal to the agent" (Westlund 2012, 66). Furthermore, this disposition is not merely necessary for an agent's autonomy; the very exercise of holding oneself answerable to external challenges just *is* what it takes to be autonomous. It is important to note here that unlike my claim about the role of dialogical exchange in autonomy ascription, Westlund's claims are much stronger; she takes her view to be a *constitutively relational* account of autonomy, by which she means that it "holds that some social or relational factor(s) play an ineliminable role in the definition of autonomy itself" (62). Her view is constitutively relational, she says, because the kind of reflectiveness the agent is required to exercise is "itself dialogical in form" (65). Finally, she points out that this type of relationality "carries with it no specific value commitments" (Westlund 2009, 28)—what matters for autonomy is not so much *what* the agent endorses or commits to, but *how* they discursively justify and take ownership over it.

Part of Westlund's motivation for advancing such a view is to offer a "principled" way to distinguish cases in which an agent is to count as self-governing, from cases where an agent is merely "in the grips of a practical perspective" (Westlund 2012, 65). When we say things like "That's the depression talking, not you" to others, or criticize others for self-abnegation or excessive deference, we are signaling a kind of failure of responsiveness to "interpersonal justificatory demands" (65). In the case of someone with depression, for instance, Westlund says, "her reasoning on these matters seems likely to be strongly psychologically insulated from confrontation with contrary considerations" (Westlund 2009, 33). So Westlund believes it is appropriate to settle the question of whether an agent has *agential authority* by looking at the attitudes the agent has about their own perspectives. But to figure out whether the agent's perspectives are really their *own*, and not merely something the agent is resigned to, follows uncritically, adheres to by force of habit, or is a result of conditions such as depression, we need to ask whether they are *responsive* to interlocutory challenges. Hence, the disposition to hold oneself answerable to external, critical challenges "marks the relevant distinction between being gripped by and governing the practical reasoning that guides one's actions" (Westlund 2012, 65)

I won't comment here on whether I find Westlund's constitutively relational view sufficient as a *complete* measure of someone's autonomy—I believe we can bracket this issue and focus on whether the *application* of Westlund's framework can help us model good practices of autonomy ascription.

I'll draw on work by Milton C. Regan Jr. as an example. I find the following example congenial as a challenging case for autonomy ascription that might be usefully transformed by Westlund's dialogical framework. Regan discusses complications we face in ascribing autonomy when we reconstruct different narratives regarding abortion: "Consider women who accept traditional gender roles because of their understanding

of the demands of biology or religion. . . . Research indicates that many such women believe that biology represents ‘a natural order that should really be allowed to prevail’ (Regan 1997, 454). Now we imagine that for these women, the “natural order” underlies the belief that men and women are inherently different, with specific roles to play, and that reproductive processes are not something over which we *should* gain complete control. Because these women identify as pro-life activists, hesitation to interfere with the “natural” biological order is reinforced by religious beliefs; they might see it as hubris that people want to intervene with pregnancy just because it happened when it was not convenient for them.

What do we make of this? Are such women autonomous? We’d get different answers depending on the theory of autonomy we adopt. A *proceduralist* view would look at whether the decision to endorse a pro-life stance was internally consistent and non-coerced. A more *substantive* internalist view might be skeptical about whether the beliefs underlying these women’s choices could be adopted autonomously. Other non-dialogical theories may yet make differing claims regarding this matter. But these accounts would be ethically and epistemically limited³ in their ability to tell a satisfying story to justify autonomy ascriptions regarding these women, precisely because they do not enlist these women’s first-personal perspectives.

Faye Ginsburg suggests that pro-life women do not “passively acquiesce” to biological difference, but rather engage in an *active* affirmation of their biological sex, which they regard as the basis for their female identity. She says pro-life women: “often describe the trajectory of their lives as a process of overcoming initial ambivalence about or even resistance to pregnancy, which culminates in the willing embrace of one’s female nature. . . . For some women, early identification with liberal feminism contributed to reluctance to accept their role. Coming to accept that role thus required them to take a critical perspective toward an initial commitment” (Regan 1997, 454).

We can see here why the discursive contributions of these women would be invaluable in the process of evaluating and attributing autonomy to them. These pro-life women do not necessarily see themselves as perpetuating a system of male privilege. Rather, they positively seek to “preserve an intricate set of social relationships that valorize women by promoting feminine values of nurture and responsibility. . . .” (455). Moreover, the thought is that linking sex to pregnancy and marriage limits the tendency to regard women as sex objects and, serves as “the linchpin for the material security of women with dependents” (455). On this narrative, legal access to abortion is seen as a threat to this security by taking pressure off men to step up to their financial and emotional responsibilities for the outcomes they’ve brought about by sex. On this story it does not seem entirely appropriate to not credit or attribute at least a *degree* of autonomy to such pro-life women and respect them as such: it seems that the justificatory schemes these women can articulate are reasonable enough, even if not agreeable to some.

Setting aside the issue of whether we morally or politically sympathize with these views, what a dialogical account of autonomy can accommodate are the fascinating differences that emerge between women of various leanings on the matter of abortion. On a dialogical view like Westlund’s, which requires the agent to *answer* for their practical reasoning in decision-making, we can acquire a rich and nuanced picture of the first-personal narrative background that informs a woman’s leaning toward a pro-life stance. This may help us exercise open-mindedness in autonomy ascription, and to resist the more naïve picture of the pro-life woman as one who has uncritically internalized sexist norms about the proper role and duties of a female body (and whom we may be tempted to call nonautonomous).

What Westlund's account offers, in the context of the *practical* purpose of autonomy ascription, is the fair opportunity—which would go some way toward alleviating the ethical and epistemic problems that might surface in nondialogical autonomy ascription—for agents to manifest a kind of answerability to claims that are given due consideration in autonomy ascription. The dialogical view naturally encourages the agent to have a central and active role in their own autonomy ascription. We can see why this would be in practice respectful to the agent: no epistemically vicious attitudes are directed at the agent, as we exhibit open-mindedness and curiosity about their respective positions. Paternalistic attitudes toward the agent, too, are for the most part avoided by ensuring that they are at least given adequate opportunity to take ownership over their practical reasoning process.

III. Limitations of the Dialogical View in Autonomy Ascription

The previous sections have shown how an emphasis on first-personal perspectives and individual answerability could help enhance the process of attributing autonomous status to agents, especially when there is disagreement between them. Asking for, and engaging with, an agent's first-personal perspective can be a way to ascribe autonomy responsibly. It may help us circumvent the charge of paternalism when it comes to the process of *judging* whether someone is autonomous, since the agents themselves are consulted and given a stake in the matter. Moreover, we enact open-mindedness when we treat the first-personal perspective as a relevant resource that can inform and enrich our attributions of autonomy. But though this dialogical focus may help us navigate and model better practices of autonomy ascription, I do not endorse the account wholesale, as there are limitations we should keep in mind.

In this section, I will survey some of these limitations. They include the idealization of articulation and the masking of problematic oppressive influences. We should be careful not to lose sight of these worries when we utilize the dialogical framework as a way to improve our practices of autonomy ascription.

The first worry I'll mention is the *idealization* of justificatory dialogue. Expecting agents to be dialogically responsive in the first place appears to be a demand that would exclude agents who are not inclined to exercise this skill. Westlund addresses a case of this with an example from Ingra Schellenberg:

[Schellenberg] describes a case, drawing from her experience as a clinical ethicist, in which a woman she calls Betty confounds her doctors by refusing potentially life-saving skin-graft surgery. . . . She seemed to reject as unreasonable the very demand that she *give* reasons for her decision. Unlike the hyper-articulate medical professionals by whom she was surrounded, Betty did not seem to value justificatory dialogue. . . . This preference, Schellenberg reports, appeared to be consistent with a broader pattern of voluntary solitude. . . . (Westlund 2009, 38)

Westlund argues here that Betty is not self-governing with respect to her decision, but is rather *in the grip* of the value of independence and opposition against authority figures. Betty failed to be “moved by the feeling that she owes a response to the counter-considerations raised by others” (38). Yet this seems to suggest that an agent cannot disengage from those holding her answerable. And the idea that one must *positively* value dialogical responsiveness is a strong claim. As Schellenberg mentions, “the socially vulnerable may fall disproportionately into the group of those who feel

threatened by justificatory dialogue” (38). We would not want our attempts to include agents’ first-personal perspectives in autonomy ascription to be threatening, alienating, or unduly burdensome to the agent who is called on to answer. As such, my view is that it would be acceptable not to insist on the value of dialogical exchange insofar as the conditions of Westlund’s account may sometimes generate this problem.

Westlund tries to get around this by saying that responsibility for the self does not in fact “rely on valuing any specific justificatory practice” (38), like a willingness to cite reasons on demand. She says that answerability can take a more open form, and insists that agents who “feel threatened by a more articulate interlocutor” could reflect in a more private way, so they wouldn’t be “disempowered by an imbalance in sheer argumentative skill” (39).

She also says that we would be right to feel that we do not owe anyone answers under “illegitimate” circumstances. Dialogical answerability is not something that we are required to exercise for every single challenge leveled at us, but rather something we owe to “legitimate” challenges. She says a legitimate challenge must be situated “in a way that makes relational sense of the intervention” (39). A sense-giving relationship might be one where one is positioned as a member of the moral community, someone’s neighbor, and so on. What this means is that it must be clear “why it matters to my critic why I think and act the way I do, and it must matter to her in a way that she can reasonably expect to matter to me” (40). This is a condition Westlund calls *relational situatedness*. This condition clarifies the fact that part of the “burden” of dialogical exchange falls *also* on the interlocutors who pose such challenges.

Yet the demand for reasons and answers may still place too much of a burden on agents who aren’t inclined to engage in argument with others, even where the challenge is “legitimate.” This worry, Westlund says, gives rise to the condition of *context-sensitivity*. On this condition, a legitimately placed challenge must be context-sensitive with respect to the kind of response it invites and tolerates. Furthermore, Westlund says, there are alternative ways of demonstrating that “one holds oneself to appropriately situated critical challenges” (40). She lists some ways one might do this: “outside the realm of the conversational, an agent may give explicit or implicit signals that she intends to reflect on what has been said . . . or that she is attempting to repair, restructure, or terminate a relationship or practice that has come into question” (40).

Her conditions of relational situatedness and context-sensitivity can be considered as ways to combat the idealization of dialogical responsiveness in the context of autonomy ascription. We can recognize that dialogical exchange is not necessarily a demand that must be met all the time, because not all challenges to an individual’s autonomy should warrant “answers” from the agent.

Furthermore, Westlund recognizes that it is possible to exhibit answerability (and thereby autonomy, on her account) by *countering* external critique. Let us consider, for instance, the way Westlund contrasts between the case of the Deferential Wife (DW) and the Anti-Feminist (AF). The DW defers to her husband’s preferences. When the DW is asked by a friend about why she agrees to move for her husband’s job when it would be disruptive to her life, the DW “casts about for things to say” (Westlund 2003, 487) and finally says that she just wants her husband to “have what he wants; that’s all” (487). For Westlund, this is a classic case of deep deference: the wife’s answers show us that her endorsements have no nondeferential basis. She abnegates herself as a “distinct and separate evaluator of practical reasons” (487). As such, the case of the DW is a case of a *deficiency* of answerability.

By contrast, Westlund imagines a case of deference that isn’t a case of *deep* deference in the way shown in the DW case. She imagines an extreme Anti-Feminist (AF), who

also thinks that women ought to demote their own interests and let their husbands make all the decisions. Unlike the DW, however, the AF gives the question of why she is deferential a proper uptake. Westlund says, “When questioned about her deference, AF has a justification at the ready. She may place herself within a religious community whose creed she shares and whose lifestyle she values. . . . Whatever we think of the arguments she offers, what’s important is that AF is disposed to enter into justificatory dialogue about her deference. . . .” (512).

Westlund’s view is that we should consider the AF autonomous. She says that though we might think AF is living a life that is *morally* problematic, and disagree with the basis of her values, what matters is that we can continue a conversation with her, and even “take her on as a political or ethical adversary” (512). To this extent, we can ascribe autonomy to the AF in a way that we were unable to do with the DW. Dialogical exchange with DW did not yield much more useful information, but in the case of the AF we were directed to meaningful differences in the *reasons* for their deference that we could consider as legitimate first-personal challenges against any claims that they are deficient in autonomy.

But are these characters really so different? Westlund considers the possibility that we might end up in the exact same position with the AF if we took the AF’s way of justifying herself as a more indirect way of arriving at deep deference. If the AF’s reason for deferring to her husband is that the Bible tells her to defer to her husband, it doesn’t really seem that she is any less deeply deferential than the DW, even if she is more articulate with respect to citing her reasons to do so. But for Westlund, a willingness to be “engaged in potentially open-ended self-evaluative dialogue” (514) would exhibit the appropriate responsibility for self despite the appearance of deference. In my view, however, we cannot divorce this answerability from the social background against which it is exercised: the first-personal component is one important part of a *fairer* autonomy ascription, and it may well be that we should ascribe autonomy to the AF in light of her rationales. Yet I would be careful not to *commit* to answerability itself as a constitutive criterion of autonomy. This is where my advocacy of the dialogical view would fall short of Westlund’s metaphysical commitment to accept someone like the AF as descriptively autonomous.

This leads to my second worry regarding the role of dialogical exchange. The kind of “self-evaluation” Westlund is concerned with may itself be distorted by oppressive socialization. The dialogical account does not necessarily exclude the possibility that one’s basis for decision-making rests on oppressive socialization. Thus, articulacy is a skill that may in such cases *mask* these problematic influences. In this case, turning toward the agent’s first-personal perspectives for answers through dialogical exchange may not be particularly useful for their autonomy ascription. First-personal perspectives may sometimes not serve as reasons *to* attribute autonomy to agents; their justificatory schemes (or lack thereof) may rather reveal to us reasons we should hesitate to attribute autonomy to them (though of course we must have very good evidence to not attribute autonomy).

Be that as it may, I don’t believe that the demand for articulacy generated by dialogical exchange, nor the potential that oppressive background influences might be obscured in answerability, outweigh the desirable features of utilizing dialogical exchange in autonomy ascription. Consulting agents’ first-personal perspectives would still be good practice, from an ethical point of view, and the fact that an agent may have limited insight into their own circumstances does not diminish the point that it would be epistemically valuable as outsiders making judgments about their autonomy to learn something about their perspective.

Overall, I have argued that ascribing autonomous status to agents is a good thing, which makes autonomy ascription a practice we should care about. I've suggested that we should specifically involve a *dialogical* account of autonomy—which involves consulting an agent's answerability toward questions directed at them—as part of the process of autonomy ascription. This should give us an ethical and epistemically desirable way to work out disagreements regarding autonomous status when it comes to autonomy ascription. Nonetheless, the focus on answerability may be undesirable or limiting in some ways: it potentially invokes a burdensome demand for articulacy, and articulacy can also obscure problematic features of an agent's decision-making bases such as oppressive socialization. Keeping these limitations in mind, however, dialogical exchange may serve as a tool that can calibrate our practices of autonomy ascription in promising ways.

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Notes

- 1 With the notable exception of Diana Meyers's view, which at least includes interpersonal skills as part of her autonomy competencies view.
- 2 It seems that some ascriptive concepts in particular—such as having a certain *gender* ascribed to one, for instance—raise similar problems as autonomy ascription because of their high ethical stakes, whereas other ascriptive concepts may not.
- 3 Even if one of these nondialogical accounts happened to be descriptively accurate in some way, their proneness *in practice* to invoke paternalism by speaking on behalf of some agent, or to be epistemically vicious by being closed to the agent's insights, speaks in their disfavor as a credible part of autonomy ascription.

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