Imam Kazim Medicine

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Imam Kazim’s [IMAM Musa al-Kazim (seventh Imam in Twelver Shia Islam)] medicine consists of:

1. Foeniculum Vulgare  2. Mastic  3. Terminalia Chebula  4. Brown Sugar or the sugar, prepared from Saccharum Officinarum (Sugarcane)

According to the narration narrated by Hasan Ibn Bastam Ibn Sabur (Shapur), known as Ibn Bastam, one day Imam Musa Kazim fell ill and the doctors prescribed various medicines for him. Imam said, “Where are you going? Use this medicine, which is the master of medicine. Terminalia Chebula, Foeniculum Vulgar, Brown Sugar at the beginning of summer for three months, and three times a month, also at the beginning of winter for three months and three times a month, and instead of Foeniculum Vulgar uses Mastic.” "So you will not get sick until you die.”

Summer Ingredients: Terminalia Chebula, Foeniculum Vulgar & Brown Sugar (Spring and Summer)

Winter Ingredients: Terminalia Chebula and Mastic and Brown Sugar (Autumn and Winter)

In winter for two reasons: 1-Better conditions for some viruses 2-Weakening of the Immune System, Viral infections are more likely to increase. And in winter medicine, instead of Foeniculum Vulgar, there is Mastic that has the ability to regulate and improve the immune system.


This definition is adapted from a manuscript entitled “Research Into Potential Therapies Against COVID-19, With Focus On Ivermectin[15]”

References


