On an Ongoing Paradigm Shift

I don't believe in the foundation of our current scientific-philosophical paradigm. What does that matter? It matters because I have dug deep, especially into the body-mind issue, and found that it is something wrong with our paradigm. There is an anomaly. I haven't realized, though, that this anomaly may be my own construction. I have been frustrated and have been acting out on the frustration. I'm sorry for that. I think, though, that a paradigm shift may be near. There are many important things that need to be approached in new ways from the academies.