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BRADLEY MONTON

QUANTUM-MECHANICAL SELF-MEASUREMENT*

ABSTRACT

The idea of self-measurement by a quantum-mechanical automaton is presented, and the conclusions that are typically reached about what we can come to know from doing self-measurements are shown to be mistaken. Specifically, it is shown that, while we are capable of *predicting* and *measuring* the values of two incompatible observables, we are incapable of *knowing* both these values simultaneously. This is an example of the interesting limitations quantum mechanics places on knowledge.

1 INTRODUCTION

There's a story about quantum-mechanical self-measurement and knowledge that David Albert (1983, 1987, 1992) has told, and it's a very interesting story, and while I think the story is wrong, I also think we can learn a bit about quantum mechanics by figuring out exactly how the story is wrong, and that's what this paper is going to be about.

To get the story of the ground, we need two presuppositions. First, you and I and Cathy and everything else that we consider to be good observers are presumed to be purely physical systems that obey the laws of quantum mechanics (just like stones and trees and cats). If you're unhappy with this presupposition, then consider the story that's about to be told to concern not people but *quantum-mechanical automata* (which are physical systems constructed out of microscopic particles that *do* obey the laws of quantum mechanics, and systems to which it would be natural to attribute mental states).

The second presupposition of the self-measurement story is that the correct interpretation of quantum mechanics is a *no-collapse* one; specifically, that the correct interpretation is a modal interpretation. (A self-measurement story can be told for other sorts of no-collapse interpretations, but I will focus on modal interpretations in this paper.)

*For helpful comments on previous versions of this paper, I would like to thank Jeff Barrett, Jeff Bub, Rob Clifton, Dennis Dieks, Tim Maudlin, Chad Mohler, Jitendra Subramanyam, Bas van Fraassen, Pieter Vermaas, and Bob Weingard. I would also like to thank David Albert for inspiring me to think about self-measurement. This material is based upon work supported under a National Science Foundation Graduate Research Fellowship.

We all know what happens when an electron is prepared in the quantum state $|z\text{-spin up}\rangle_e$ and the z -spin is measured using a Stern-Gerlach apparatus by a competent observer like Cathy: the electron/Cathy system evolves from the quantum state

$$|z\text{-spin up}\rangle_e |\text{ready to measure } z\text{-spin}\rangle_{\text{Cathy}\#} |\&\rangle_{\text{Cathy}*} \quad (1)$$

to the quantum state

$$|z\text{-spin up}\rangle_e |\text{records } z\text{-spin up}\rangle_{\text{Cathy}\#} |\&\rangle_{\text{Cathy}*} \quad (2)$$

Here $\text{Cathy}\#$ is that part of Cathy that is involved in the measurement of the z -spin. Thus, $\text{Cathy}\#$ would include that part of her brain where she records the value of the z -spin, and parts of her eye and optic nerve, which record the location of the photons that are emitted from the phosphorescent screen. The state $|\&\rangle_{\text{Cathy}*}$ is the state of the rest of Cathy, where $\text{Cathy}*$ in this case is all of Cathy other than $\text{Cathy}\#$.

Consider a case where an electron is prepared in the quantum state $|z\text{-spin up}\rangle_e$ and the x -spin is measured by Cathy. According to modal interpretations, the system evolves from the quantum state

$$|z\text{-spin up}\rangle_e |\text{ready to measure } x\text{-spin}\rangle_{\text{Cathy}\#} |\&\rangle_{\text{Cathy}*} \quad (3)$$

to the quantum state

$$\frac{1}{\sqrt{2}} \{ |x\text{-spin up}\rangle_e |\text{records } x\text{-spin up}\rangle_{\text{Cathy}\#} + |x\text{-spin down}\rangle_e |\text{records } x\text{-spin down}\rangle_{\text{Cathy}\#} \} |\&\rangle_{\text{Cathy}*} \quad (4)$$

Here the system is in a *superposition* of states, where in one branch of the superposition Cathy records x -spin up, and in the other branch Cathy records x -spin down. We can *measure* whether or not the electron/Cathy# system is in the state (4); that is, there's some quantum-mechanical *observable*, call it Q , such that when Q is measured on the electron/Cathy# system the value 1 is always obtained if the system is in the state (4), and the value 0 could be obtained otherwise. When the electron/Cathy system starts in the state (3) and Cathy does her measurement, and one takes a Q measurement on the resulting electron/Cathy# system, one always finds that Q is 1.

Since we know that at the end of the measurement Cathy either does record up or does record down, we know that *something* must be *added* to the quantum state to get the correct empirical predictions. In the modal interpretations, what is added is the *value state*. The viable modal interpretations differ in their specifications of what this value state is, but all the viable interpretations agree that the value state ensures that at the end of the measurement, either Cathy records that x -spin is up, or she records that x -spin is down.

Some modal interpretations of quantum mechanics have the property that Q acts on the system every time a Q measurement is made, as if Q can actually have a value of 1 where this is not the case. In other words, Q always returns 1 as the value state. If someone believes that Q has the value 1, then the person believes that Q has value 1 with certainty.

2 THE STORY

Albert has an interesting question: how do they know when they make a measurement of themselves (assuming that they are not measuring themselves assuming that some modal interpretation of quantum mechanics goes like this).

Suppose that Cathy measures the z -spin of an electron. The quantum state of the electron/Cathy system determines the value state. Now suppose that a friend of Cathy's measures Q on the system. If Q is 1,

More specifically, the

$$\frac{1}{\sqrt{2}} \{ |x\text{-spin up}\rangle_e + |x\text{-spin down}\rangle_e \} \otimes |\&\rangle_{\text{Cathy}}$$

to the quantum state

$$\frac{1}{\sqrt{2}} \{ |x\text{-spin up}\rangle_e + |x\text{-spin down}\rangle_e \} \otimes |\&\rangle_{\text{Cathy}}$$

and here the quantum state of the friend will with certainty be in the state

Now, suppose that Cathy measures the z -spin of the electron, and suppose that Cathy's friend measures Q on the system of the friend's measurement.

prepared in the quantum state $|\&\rangle_{\text{Cathy}}$ of a Stern-Gerlach apparatus. The electron/Cathy system evolves from

$$|\&\rangle_{\text{Cathy}} \quad (1)$$

$$|\&\rangle_{\text{Cathy}} \quad (2)$$

to a state $|\&\rangle_{\text{Cathy}}$ in the measurement of the x -spin of her brain where she records the value 1 and optic nerve, which records the value 0 from the phosphorescent screen of Cathy, where Cathy* is in

the quantum state $|\&\rangle_{\text{Cathy}}$ according to modal interpretation.

$$|\&\rangle_{\text{Cathy}} \quad (3)$$

$$|\&\rangle_{\text{Cathy}} \quad (4)$$

in one branch of the electron/Cathy# system is recorded. In the other branch Cathy records the value 1. In the modal interpretation, call it *observable*, call it Q . The value 1 and the value 0 could be interpreted as the value of Q if a measurement on the system starts in the state $|\&\rangle_{\text{Cathy}}$. The result of a Q measurement on the system is that Q is 1.

Now suppose that Cathy either does a measurement or she records that Q is 1. In the modal interpretation, *nothing* must be added to the modal interpretation. In the modal interpretation, the value 1 and the value 0 could be interpreted as the value of Q if a measurement on the system starts in the state $|\&\rangle_{\text{Cathy}}$. The result of a Q measurement on the system is that Q is 1.

Some modal interpretations guarantee that the system in state (4) has the property that Q actually has value 1, while others simply guarantee that every time a Q measurement is made, 1 is obtained as the result. I will talk as if Q can actually have value 1. To accommodate modal interpretations where this is not the case, one can say that in a case where a Q measurement always returns 1 as the result, Q effectively has value 1. When I say that someone believes that Q has value 1, this can be interpreted as meaning that the person believes that Q effectively has value 1. Thus, a person who believes Q has value 1 believes that if a measurement of Q is taken, the result 1 will with certainty be obtained.

2 THE STORY

Albert has an interesting story to tell about what observers can come to know when they make certain quantum-mechanical measurements on themselves (assuming that these observers are quantum-mechanical systems, and assuming that some modal interpretation of quantum mechanics is true). The story goes like this.

Suppose that Cathy starts in state (3), ready to measure the x -spin of the electron. The quantum state of the system evolves into state (4), and the value state determines that Cathy records that the value of X is, say, 'up'. Now suppose that a friend of Cathy's measures Q ; since the electron/Cathy# system is in the state (4), that friend will with certainty get the result that Q is 1.

More specifically, the quantum state of the system will evolve from

$$\frac{1}{\sqrt{2}} \{ |x\text{-spin up}\rangle_e |\text{records } x\text{-spin up}\rangle_{\text{Cathy}\#} + |x\text{-spin down}\rangle_e |\text{records } x\text{-spin down}\rangle_{\text{Cathy}\#} \} \otimes |\&\rangle_{\text{Cathy}\#} |\text{ready to measure } Q\rangle_{\text{friend}} \quad (5)$$

to the quantum state

$$\frac{1}{\sqrt{2}} \{ |x\text{-spin up}\rangle_e |\text{records } x\text{-spin up}\rangle_{\text{Cathy}\#} + |x\text{-spin down}\rangle_e |\text{records } x\text{-spin down}\rangle_{\text{Cathy}\#} \} \otimes |\&\rangle_{\text{Cathy}\#} |\text{records } Q=1\rangle_{\text{friend}} \quad (6)$$

and here the quantum state of the electron/Cathy# system entails that the friend will with certainty measure Q to be 1.

Now, suppose that the friend tells Cathy what his Q measurement result is, and suppose that Cathy is in a ready state for hearing what the result of the friend's measurement is. The system evolves from state (6) to the

quantum state

$$\frac{1}{\sqrt{2}} \left\{ |x\text{-spin up}\rangle_e |records\ x\text{-spin up}\rangle_{Cathy\#} + |x\text{-spin down}\rangle_e |records\ x\text{-spin down}\rangle_{Cathy\#} \right\} \otimes |records\ Q=1\rangle_{Cathy\$} |\&\rangle_{Cathy*} |records\ Q=1\rangle_{friend} . \quad (7)$$

Here, Cathy\$ is that part of Cathy that is involved in the recording of the outcome of the friend's Q measurement. The state $|\&\rangle_{Cathy*}$ is the state of the rest of Cathy, where Cathy* in this case is all of Cathy other than Cathy\$ and Cathy\$.

Now, we have reached the central claim of the story that is told about self-measurement and knowledge. The central claim is that Cathy knows that X is 'up' (because of the value state), and Cathy simultaneously knows that Q is 1 (because of the quantum state), and yet X and Q are two *incompatible* observables, and it is standardly understood by those who talk about quantum mechanics that one cannot have simultaneous knowledge of two incompatible observables. The conclusion of Albert's story is that the standard understanding is wrong.

It's worth spelling out why X and Q are incompatible observables.¹ X and Q are incompatible because if one were to take a measurement of Q , then X , on a system, one would sometimes get different outcomes than if one were to take a measurement of X , then Q . Consider the system in state (4). When one measures Q on that, one with certainty gets the value 1, and when one subsequently measures X on that, one gets the value, say, 'up'. But if, after this X measurement, we try to measure Q , we do *not* necessarily get the value 1. After the X measurement, the system has evolved into the quantum state

$$\frac{1}{\sqrt{2}} \left\{ |x\text{-spin up}\rangle_e |records\ x\text{-spin up}\rangle_{Cathy\#} \otimes |records\ x\text{-spin up}\rangle_{someone} + |x\text{-spin down}\rangle_e |records\ x\text{-spin down}\rangle_{Cathy\#} \otimes |records\ x\text{-spin down}\rangle_{someone} \right\} |\&\rangle_{Cathy*} , \quad (8)$$

and (if the reader refers back to the definition of a Q measurement, she can confirm that) a Q measurement made on *this* state might give the result that Q is 0. And so X and Q are incompatible.

3 SELF-MEASUREMENT WITHOUT MEASUREMENT?

This self-measurement story might to some seem too complicated.

¹Officially, it's $X \otimes I$ and Q that are incompatible, where I is the identity observable for Cathy#, but I will leave off the $\otimes I$ for convenience.

"Look," these people would say, "the values of two incompatible observables cannot both have definite values. To do is take an x -spin measurement and then think about the dynamics, Cathy cannot know such that if one were to measure the system, one would with certainty get incompatible with X . The dynamics, Cathy can know what the value of X is, but she cannot know the value of incompatible observables."

The first problem with this story is that it is a story about self-measurement she has taken, and she cannot figure out the value of X to obtain simultaneous knowledge of incompatible observables.

I believe that the answer is not sufficient for knowledge. It is certainly the case that one can check whether some proposition is true by measuring compatible observables. But Cathy cannot say that Cathy simultaneously knows the value of incompatible observables, unless Cathy does what she has predicted.

Perhaps this is just a matter of the reader does not share the question I want to ask. It is a paper about self-measurement, the question I want to ask is about simultaneous knowledge of the 'no.' From this answer, I believe that Cathy cannot have simultaneous knowledge of the value of X and Q who believes theoretical physics. To take this extra step.

4 PROBLEMS WITH

A small problem with the foreshadowing for the big problem is that Cathy to *know* the value of X and Q have implicitly specified that only if there is a part of her

“Look,” these people would say. “If the goal is to simultaneously know the values of two incompatible observables, this is very easy to do. All Cathy has to do is take an x -spin measurement on an electron that is prepared z -spin up, and then think about the quantum-mechanical dynamics. By thinking about the dynamics, Cathy can figure out that there’s some observable, call it Q^* , such that if one were to take a Q^* measurement on the electron/Cathy# system, one would with certainty obtain the value 1, and such that Q^* is incompatible with X . Thus, just by thinking about the quantum-mechanical dynamics, Cathy can know that the value of Q^* is 1. Since Cathy already knows what the value of X is, Cathy simultaneously knows the values of two incompatible observables.”

The first problem with this idea is that this is no longer a story about self-measurement, since Cathy is not taking any measurement on herself. What this is a story about is self-reflection: Cathy is reflecting on the x -spin measurement she has taken, and is using the quantum-mechanical dynamics to figure out the value of the Q^* observable. Can Cathy use self-reflection to obtain simultaneous knowledge of the values of two incompatible observables?

I believe that the answer is ‘no.’ I believe that theoretical argumentation is not sufficient for knowledge; I believe that one must go out and actually check whether some proposition is true before one can know that proposition. It is certainly the case that Cathy can use self-reflection and the quantum-mechanical dynamics to get a good prediction for the values of two incompatible observables. But that is just a theoretical prediction. I would not say that Cathy simultaneously knows the values of two incompatible observables, unless Cathy does the appropriate experiments to confirm what she has predicted.

Perhaps this is just a metaphysical bias I have against theory, and perhaps the reader does not share this bias. If so, I will retrench, and say that this is a paper about self-measurement, not self-reflection. From the retrenched position, the question I want to ask is: can one achieve experimental simultaneous knowledge of the values of two incompatible observables? I answer, ‘no.’ From this answer, I will also conclude that one cannot achieve simultaneous knowledge of the values of two incompatible observables, but the reader who believes theoretical prediction is sufficient for knowledge is not obligated to take this extra step.

4 PROBLEMS WITH THE STORY

A small problem with the self-measurement story (which will provide some foreshadowing for the big problem) is that nowhere is one told what it is for Cathy to know the value of an observable. In the state vectors above, I have implicitly specified that Cathy records the value of an observable if and only if there is a part of her which is storing, in the appropriate fashion, the

$$\begin{matrix} \# \\ \text{own} \rangle_{\text{Cathy}\#} \} \\ \text{rds } Q=1 \rangle_{\text{friend}} . \end{matrix} \quad (7)$$

ed in the recording of the
 $|\&\rangle_{\text{Cathy}\#}$ is the state of
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REMENT?

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subvocalizes the other, because that would ignore the time factor in subvo-
 calization. During the time period in which Cathy subvocalized the value of
 the first observable, she might know that observable's value, and during some
 other time period in which Cathy subvocalized the value of the second ob-
 servable, she might know that second observable's value, but there wouldn't
 be any period in which Cathy had simultaneous knowledge of *both* the values,
 at the same time.

The definition of *simultaneous conscious awareness* I will give is that one
 is simultaneously consciously aware of two propositions if and only if one
 combines the two propositions and subvocalizes them both at once. But how
 can one subvocalize two propositions at once? One way is to combine the two
 propositions into one using an appropriate translation mechanism. Consider
 our example, where there are four possible propositions: Q is 1, Q is 0, X is
 'up', and X is 'down'. Since these can be combined in four different pairs,
 consider four propositions, A, B, C, and D. (For definiteness, let A be "I will
 walk," B "I will hop," C "I will skip," and D "I will jump.") One can use the
 following decision table to combine the two propositions into one:

	$X = \text{'up'}$	$X = \text{'down'}$
$Q = 1$	A	B
$Q = 0$	C	D

Thus, given that one has used this table, when one subvocalizes "I will
 hop," one is subvocalizing two propositions: that Q is 1, and that X is
 'down'.³ One can have simultaneous conscious awareness of two propositions,
 and this is one way to do it.

I hope that these definitions sound reasonable, and cohere with the reader's
 intuitive understanding of knowledge and simultaneous knowledge. With this
 background in mind, let's figure out what more can be said about the self-
 measurement story.

Consider the state (7), after Cathy has measured the x -spin of the electron,
 and after she has been told that Q is 1. The story told above was a little
 ambiguous, since it did not specify *in what way* Cathy records the value of
 X and *in what way* she records that Q is 1. Let's go ahead and specify this.

Let's call all of Cathy which records the value of X , but which does not
 subvocalize anything, *Cathy-box 1*. Let's call all of Cathy which records the
 value of Q , but which does not subvocalize anything, *Cathy-box 2*. Let's call
 that part of Cathy which subvocalizes things *Cathy-box 3*.

Let's specify that, during the self-measurement story told above, Cathy
 never subvocalizes anything. We can consider that story as the framework,
 and see if we can add subvocalization to the framework in such a way as to
 allow Cathy to simultaneously know the values of two incompatible observ-
 ables.

³Albert would endorse this use of decision tables: see his (1992, p. 188).

Thus, when we consider state (4), after Cathy has measured X , we see that state (4) can be rewritten as

$$\frac{1}{\sqrt{2}} \{ |x\text{-spin up}\rangle_e | \text{records } x\text{-spin up}\rangle_{\text{Cathy-box 1}} + |x\text{-spin down}\rangle_e | \text{records } x\text{-spin down}\rangle_{\text{Cathy-box 1}} \} | \&\rangle_{\text{Cathy}^*} . \quad (9)$$

Now, Q is the observable such that a Q measurement would obtain value 1 with certainty when the electron/Cathy-box 1 system is in the state given by (9), and value 0 could be obtained otherwise. After Cathy has been told the value of Q , the system evolves into the quantum state

$$\frac{1}{\sqrt{2}} \{ |x\text{-spin up}\rangle_e | \text{records } x\text{-spin up}\rangle_{\text{Cathy-box 1}} + |x\text{-spin down}\rangle_e | \text{records } x\text{-spin down}\rangle_{\text{Cathy-box 1}} \} \otimes | \text{records } Q=1\rangle_{\text{Cathy-box 2}} | \&\rangle_{\text{Cathy}^*} , \quad (10)$$

where from now on we'll leave out the state of the friend since he's not important to our story (and since Cathy could in principle have made the Q measurement herself).

Now, we can say that Cathy records the value of X , and we can say that Cathy records the value of Q , but this is only true in the weak sense that both values are stored somewhere in Cathy. It could be that Cathy is storing the value of X in the left hemisphere of her brain, and it could be that Cathy is storing the value of Q in the right hemisphere, and it could be that Cathy has had her corpus callosum, which connects her two hemispheres, severed. Thus state (10) does not imply that Cathy is recording the values of both observables together; the recording could be going on simultaneously but separately, in unconnected parts of Cathy's brain.

Let's go on. Suppose Cathy wants to obtain simultaneous knowledge of the values of X and Q ; thus, she wants to combine the two facts about the values of the observables and subvocalize them together. Suppose that Cathy does this subvocalization; the system evolves from state (10) into the quantum state

$$\frac{1}{\sqrt{2}} \{ |x\text{-spin up}\rangle_e | \text{records } x\text{-spin up}\rangle_{\text{Cathy-box 1}} \otimes | \text{subvocalizes } X=\text{'up'} \text{ and } Q=1\rangle_{\text{Cathy-box 3}} + |x\text{-spin down}\rangle_e | \text{records } x\text{-spin down}\rangle_{\text{Cathy-box 1}} \otimes | \text{subvocalizes } X=\text{'down'} \text{ and } Q=1\rangle_{\text{Cathy-box 3}} \} \otimes | \text{records } Q=1\rangle_{\text{Cathy-box 2}} | \&\rangle_{\text{Cathy}^*} . \quad (11)$$

Alternatively, we can imagine that Cathy uses the decision table above for her subvocalization, so that the system evolves from state (10) into the quantum

state

$$\frac{1}{\sqrt{2}} \{ |x\text{-spin up}\rangle_e + |x\text{-spin down}\rangle_e \} \otimes | \text{records } Q=1\rangle_{\text{Cathy-box 2}} | \&\rangle_{\text{Cathy}^*} .$$

Now suppose we do recall the definition of a Q measurement. Cathy might give the result that the electron/Cathy-box 1 system is no longer in the state given by (9). Cathy's belief that the electron/Cathy-box 1 system is in the state given by (9) is false because, if (11), one might get the result that the electron/Cathy-box 1 system is in the state given by (11).

Thus, when Cathy is told that Q is 1, but she does not believe it, her belief is false because, if (11), one might get the result that the electron/Cathy-box 1 system is in the state given by (11).

Note that the evolution of the system from state (10) to state (11) requires Cathy to be conscious of the results of her brain where the results of the two measurements are put together.

Thus, Cathy cannot be conscious of the results of her brain and Q ; once she becomes conscious of the results of her brain, Q is false. Thus, self-knowledge of the values of the observables is incompatible with simultaneous knowledge of the values of the observables.

5 A COUNTEREXAMPLE

I believe that the conceptual difficulties of quantum mechanics for mechanical observers will be resolved by the use of two incompatible observables. I believe that the conceptual difficulties of quantum mechanics for mechanical observers will be resolved by the use of two incompatible observables.

⁴If we interpret Cathy's knowledge of the values of the observables *were*. Note that Cathy's knowledge of the values of the observables *were* is not the same as Cathy's knowledge of the values of the observables *are*. Note that Cathy's knowledge of the values of the observables *were* is not the same as Cathy's knowledge of the values of the observables *are*. Note that Cathy's knowledge of the values of the observables *were* is not the same as Cathy's knowledge of the values of the observables *are*.

has measured X , we see

$$\frac{1}{\sqrt{2}} \{ |x\text{-spin up}\rangle_e | \& \rangle_{\text{Cathy}^*} \} \quad (9)$$

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$$\begin{aligned} & \frac{1}{\sqrt{2}} \{ |x\text{-spin up}\rangle_e | \text{records } x\text{-spin up} \rangle_{\text{Cathy-box 1}} \\ & \quad \otimes | \text{subvocalizes 'A'} \rangle_{\text{Cathy-box 3}} \\ & + |x\text{-spin down}\rangle_e | \text{records } x\text{-spin down} \rangle_{\text{Cathy-box 1}} \\ & \quad \otimes | \text{subvocalizes 'B'} \rangle_{\text{Cathy-box 3}} \} \\ & \otimes | \text{records } Q=1 \rangle_{\text{Cathy-box 2}} | \& \rangle_{\text{Cathy}^*} \end{aligned} \quad (12)$$

Now suppose we do a Q measurement on state (11). One can see, if one recalls the definition of a Q measurement, that a Q measurement on this state might give the result that Q is 0. This follows because the electron/Cathy-box 1 system is no longer in a superposition, as it was in state (10). The electron/Cathy-box 1/Cathy-box 3 system is in a superposition, but the electron/Cathy-box 1 reduced state is a mixture.

Thus, when Cathy is in state given by (11), she consciously *believes* that Q is 1, but she does not *know* that Q is 1, because her belief is false. Her belief is false because, if a Q measurement were taken on the system in state (11), one might get the result that Q is 0, while Cathy believes that Q is 1.

Note that the evolution into a state like (11) or (12) is quite general; for Cathy to be conscious of both results together, there has to be some part of her brain where the results of box 1 and box 2 are combined. But once the two results are put together, it is no longer the case that Q is 1.

Thus, Cathy cannot simultaneously know the values of the observables X and Q ; once she becomes consciously aware of them both, her belief about Q is false. Thus, self-measurement does not allow one to gain simultaneous knowledge of the values of two incompatible observables.⁴

5 A COUNTERARGUMENT CONSIDERED

I believe that the conclusion I reached above is the correct one: quantum-mechanical observers like Cathy cannot have simultaneous knowledge of the values of two incompatible observables. But there are counterarguments one might mount against this conclusion; let's consider one of those counterarguments now.

⁴If we interpret Cathy's subvocalization as being about the *past* values of X and Q , then we can say that Cathy has simultaneous knowledge of what the values of the two observables *were*. Note that this assumes that Q actually does have a value; we cannot use my suggestion at the end of the introduction, which was to interpret Cathy's belief that Q has value 1 as the belief that an upcoming measurement of Q will with certainty give 1 as the result. Setting that issue aside, I am willing to grant that Cathy can have simultaneous knowledge of the past values of two incompatible observables. This isn't the sort of knowledge that Albert is interested in, however; Albert wants Cathy to be able to use her knowledge to make *predictions*: see his (1983, p. 251), (1992, p. 188).

Here's the counterargument.⁵ The observable that we really ought to be concerned with is not Q , but Q^* , where Q^* has value 1 with certainty when the electron/Cathy-box 1/Cathy-box 3 system is in the quantum state given by

$$\begin{aligned} & \frac{1}{\sqrt{2}} \{ |x\text{-spin up}\rangle_e | \text{records } x\text{-spin up}\rangle_{\text{Cathy-box 1}} \\ & \quad + |x\text{-spin down}\rangle_e | \text{records } x\text{-spin down}\rangle_{\text{Cathy-box 1}} \} \\ & \otimes | \text{ready}\rangle_{\text{Cathy-box 3}} | \text{ready}\rangle_{\text{Cathy-box 2}} | \&\rangle_{\text{Cathy}^*} \end{aligned} \quad (13)$$

or in the quantum state given by

$$\begin{aligned} & \frac{1}{\sqrt{2}} \{ |x\text{-spin up}\rangle_e | \text{records } x\text{-spin up}\rangle_{\text{Cathy-box 1}} \\ & \quad \otimes | \text{subvocalizes } X = \text{'up'} \text{ and } Q^* = 1\rangle_{\text{Cathy-box 3}} \\ & \quad + |x\text{-spin down}\rangle_e | \text{records } x\text{-spin down}\rangle_{\text{Cathy-box 1}} \\ & \quad \otimes | \text{subvocalizes } X = \text{'down'} \text{ and } Q^* = 1\rangle_{\text{Cathy-box 3}} \} \\ & \otimes | \text{records } Q^* = 1\rangle_{\text{Cathy-box 2}} | \&\rangle_{\text{Cathy}^*}, \end{aligned} \quad (14)$$

and Q^* can have value 0 otherwise. Thus, Q^* has value 1 with certainty when the state vector of the system is in the subspace of Hilbert space spanned by state (13) and state (14). State (13) is the state where Cathy-box 1 has just measured the value of the x -spin of the electron, and state (14) is the state where Cathy-box 3 has subvocalized the values of X and Q^* .⁶

After Cathy measures X , the electron/Cathy system will be in state (13), so when the friend measures Q^* , he will with certainty obtain the value 1. After the friend tells Cathy the value of Q^* , and after she subvocalizes the values of X and Q^* together, the electron/Cathy system will be in state (14). Hence, Q^* will still be 1. X and Q^* are still incompatible observables though, because were someone else to take a measurement of X , the electron/Cathy system would no longer be in a superposition, so Q^* could give 0 as the result. Hence, according to the counterargument, Cathy is able to simultaneously know the values of two incompatible observables.

I believe that this counterargument does not work. One worry is that Cathy does not appear to have sufficient *warrant* for believing that Q^* is 1 after she has subvocalized. Her warrant for recording, in Cathy-box 2, that Q^* is 1 is that the friend has measured Q^* to be 1 and the friend is a good measuring device. But after Cathy has subvocalized, the state of the

⁵This counterargument is similar to the way the self-measurement story is told by Albert and Putnam (1995, pp. 18-19). It may be that Albert and Putnam tell the story this way because they've realized that the self-measurement story as told by Albert (1983, 1987, 1992) doesn't work. I believe that the Albert and Putnam story has problems as well; the problems are the same as those presented below for the counterargument.

⁶State (13) is like state (9), except that in state (13), I have specified that the Cathy-box 2 and box 3 systems are in ready states. State (14) is like state (11), except that in state (14), Q^* is the relevant observable, not Q .

system that the friend's measurement no longer counts in the case because the cat is based on the state of the system that Q^* is 1 after subvocalization the system ends up. Since Q^* is 1, Cathy's belief that she has knowledge of the value of Q^* .

One may argue in response that Cathy should not believe that Q^* is 1, because the evolution of the system is problematic with this respect.

The first problem is the justification of Cathy's belief based on what her friend has said about how the system works.

But let us grant that Cathy's belief is based on reasoning about the system. Even so, there is a second problem: Cathy's belief is not self-measurement. Cathy's belief is based on reflection about the system's causal dynamics. Thus, Cathy's belief is not experimentally justified. The theoretical prediction does not match but even if the reader disagrees, Cathy has no warrant for believing that Q^* is 1. This is a version of the counterargument that is not self-measurement.

6 WHAT CAN WE

The self-measurement story is interesting because it shows that knowledge of the values of Q and X are interesting things to know. The derivations about self-measurement are some of them.

It's interesting enough to see that there are two incompatible observables. (As discussed at the end of the next section, we can say that Q and X have definite effective values, but Q and X are incompatible.)

Here's something more

that we really ought to be able to determine the value of Q^* with certainty when the quantum state given

$$\left. \begin{aligned} &|0\rangle_{\text{Cathy-box 1}} \\ &|1\rangle_{\text{Cathy}^*} \end{aligned} \right\} \quad (13)$$

$$\left. \begin{aligned} &|0\rangle_{\text{Cathy-box 3}} \\ &|1\rangle_{\text{Cathy-box 3}} \end{aligned} \right\} \quad (14)$$

we can determine the value of Q^* with certainty when the Hilbert space spanned by the states (13) and (14) is the state and Q^* .

When the system will be in state (13), Cathy can obtain the value 1. When she subvocalizes the system will be in state (14). Cathy can observe the value of X , the electron/Cathy will give 0 as the result. Cathy is unable to simultaneously

know both the value of Q^* and X . One worry is that Cathy is not believing that Q^* is 1, in Cathy-box 2, and the friend is a realist, the state of the

story is told by Albert. Albert can tell the story this way as told by Albert (1983, 1987), but has problems as well; the argument. Albert specified that the Cathy-box (11), except that in state

the system that the friend measured has *changed*. Q^* is still 1, but the friend's measurement no longer provides a *good reason* to believe that Q^* is 1. This is the case because the causal chain that leads Cathy to believe that Q^* is 1 is based on the state of the system *before* Cathy subvocalizes, while the reason that Q^* is 1 *after* subvocalization has to do with the particular state in which the system ends up. Since Cathy no longer has good reason to believe that Q^* is 1, Cathy's belief that Q^* is 1 is no longer warranted, so Cathy does not have knowledge of the value of Q^* .

One may argue in response that Cathy actually *does* have good reason to believe that Q^* is 1, because she knows that her subvocalization is part of the evolution of the system from state (13) to state (14). But there are two problems with this response.

The first problem is that the response is unfairly giving a God's-eye justification of Cathy's belief. Cathy's belief at the time of her subvocalization is based on what her friend has told her; her belief is *not* based on her reasoning about how the system will evolve once she does the subvocalization.

But let us grant that there is some way for Cathy to get her belief to be based on reasoning about how the system will evolve when she subvocalizes. Even so, there is a second problem, for here Cathy is doing *self-reflection*, not self-measurement. After she has subvocalized, her belief that Q^* is 1 is based on reflection about her own state and about the quantum-mechanical dynamics. Thus, Cathy is making a *theoretical prediction* that Q^* is 1; she is not experimentally determining that Q^* is 1. I believe that Cathy's theoretical prediction does not have enough warrant to be called knowledge, but even if the reader disagrees with that, it is still the case that the warrant Cathy has for believing that Q^* is 1 comes from self-reflection. Hence, this version of the counterargument renders Albert's story one of self-reflection, not self-measurement.

6 WHAT CAN WE LEARN ABOUT QUANTUM MECHANICS?

The self-measurement story, in the end, doesn't allow us to have simultaneous knowledge of the values of two incompatible observables. Nevertheless, there are interesting things to be learned about quantum mechanics from considerations about self-measurement, and by way of finishing up I'll talk about some of them.

It's interesting enough that, according to some modal interpretations, there *are* two incompatible observables that simultaneously have definite values. (As discussed at the end of the introduction, for other modal interpretations we can say that two incompatible observables simultaneously have definite effective values.) We can see this in the self-measurement story: Q and X are incompatible observables which both have definite values.

Here's something more interesting. We can make a *theoretical prediction*

of what the values of the two incompatible observables are, by doing a combination of an experimental measurement and a theoretical application of the quantum-mechanical dynamics. Cathy can measure the value of X , and can think about the quantum-mechanical dynamics to figure out that there must be some Q^* , incompatible with X , which has value 1.

Here's something even more interesting. We can *measure* the values of two incompatible observables, and we can simultaneously *record* what these values are. Cathy can measure the value of X , and Cathy can measure the value of Q . There is a part of Cathy, Cathy-box 1, which records the value of X , and there is another part of Cathy, Cathy-box 2, which simultaneously records the value of Q .

But we cannot have simultaneous *knowledge* of the values of two incompatible observables. And that really is the most interesting lesson to be learned from this discussion of self-measurement: quantum mechanics lets us get so close to achieving simultaneous knowledge, but always maintains a barrier. What we can come to know is constrained by the dynamics of quantum mechanics; the epistemic lives of automata who could transcend that barrier will forever remain (for us) unimaginably rich.

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