

Understanding Embodiment: Advancing towards a lesser Body and more Soul

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Abstract

The nature of the soul is attribute-less and boundless. To experience its true potential, the dimensionless soul manifests itself in the physical dimension as a body. Materialism originates with the creation of the body as it grows around the soul and in the process of forming, enchants the soul with its materialistic conducts. The soul has the ability to materialize and dematerialize into bodily forms as per will, but such an entropic amendment may change the true essence of bodily life. The avarice for materialistic needs mutilates the body physically and mentally, and unshackles the soul; for as we grow in our materialistic conducts, the body and its senses endure this burden, gradually progressing towards a lesser body and more soul.

Key Words

Body, Soul, Materialism, Disembodiment

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Positing the experience of disembodiment

Disembodiment or dissociation is a state when the body loses consciousness only to experience the limitless true experience in another world; where thoughts flow with no restrictions; for there are no bodily features, but oneness with creation. Conscious disembodiment is the body's expression of freedom to experience the elusive soul. We are conscious to the limit of our body, beyond which consciousness does not exist; it is a pure energy with forces and senses beyond those that can be only germane to the body. In the physical world, a material body gives rise to a non-material shadow, but the laws of the other world could be different; hence one can think of the material body as the shadow of the non-material soul. As this bodily attachment grows, our physical desires get deeply rooted within the egotism and sense pleasures of the bodily self, where the compulsion of materialism through our senses overpowers the exquisiteness of the soul.

Soul loves to experience the freedom from the known, so it prefers to impound its own self as the body. The physical body is like a piece of cloth that wraps the soul and is acquired as we develop from a unicellular to multicellular being; it's a cover-up for the true self that resides within us. Death is a mere dropping off of the body that has accumulated over a period of time to release the self. For the survival of the body we need the soul that thinks and collates information processed by organized structures like the brain; which can be retrieved so long it stays connected. We are not what we think we are; for we are beyond the body and its senses. We vibrate not with the body but without the body and through these vibrations we perceive all that is around us; we resonate. Be it the brain or the body, they are mediums that help us understand the meaning of bodily life just like the God's of the countless religions that act as mediums in spiritual life.



(Photo Credit: healingfrom the freeze – worldpress.com)

If our true self is what we ultimately are, then why do we procure a body that needs to be shed with age? Why can't we always be our true selves? Why should the body need to bear pain? Creation abides the laws of nature and so everything needs to be transformed from one form to another. This transformation is what creates the body to shape the soul; for the soul has no shape without the body. Just like egoism, materialism is the price we need to pay for this entropic change which commences with the creation of the body; for the body gathers from the exterior as it grows around the soul and in the process of forming, enchants the soul with its materialistic ways; thus the feeling of death always seems like a loss. A glimpse into what lies beyond death sets in a realization of what we truly are, this can change in our approach towards the death of our bodily self.

We must realize that everything that happens around us is needed, and does not happen without a cause; for we are the cause and pain for our own bodily life. Similarly everything that we are made up of is made for a reason; a small change in this design can result in the loss of the body and liberation of the soul. The body clings to the soul and forms a bond that seems unbreakable; breaking such a bond is difficult for the body but not for the soul. Without the body the soul bears no shape, but with the body the soul takes shape of the body. So long the shape of the body remains intact the shape of the soul retains; for a detached soul will stay alongside a body until the body is completely blemished mentally and physically, which is when the release or dispersal takes place.

The growth of the body depends on what it gathers during its survival, but the soul only sustains itself; for it is unchangeable and unlimited. To experience its true potential, the dimensionless soul manifests itself in the physical dimension as a body. It crafts a phenomenon called the mind to identify and experience itself. Even though the soul knows that the experience is limited by the senses of the body; it craves to perceive its boundless and vast nature from the bounded envelop and glimpse into state of attribute-less through the attributed doorways of the body. Thus the mind is linked to the body, thinks for the body, but when the soul is out of the body, the mind can think no more; for the liberation of the soul is liberation of thoughts created through materialistic needs and beliefs. The soul when with the body vibrates at frequencies that build connections with one another and with the universe. Upon dropping the body, the frequency of the soul blends with the frequency of the universe, making us resonant beings.

Fate of being embodied

In today's world, the greed for materialist needs has led to the liberation of many souls, but has hurt and mutilated the bodies of many. A body of a child that has partially grown over its soul and with its mind gradually maturing; ready to

understand and explore the beauty of this world, can be shattered in no time. The shape of the body can be ruined to a state where even the soul may weep for the body; where being conscious does not feel magical, but feels like a curse.

This 5 year old boy never expected his body to be mutilated in such a manner; he never meant to have memories that cannot be wiped away easily. At the age of 5, his body is growing and so is his brain, this is the age he needs to play, explore, understand, and most importantly smile. But in a flash of a second, an airstrike destroys him within and puts him in a state of shock where he is neither conscious nor unconscious; a state where you don't know whether to smile or not to smile. <https://www.youtube.com/watch?v=bZw3VpGPqM4> Video credit: News Today's Trending

“They may torture my body but my soul will stay unhurt; for their materialistic needs cannot last forever; someday these needs will perish to the real”



(Photo Credit: News Today's Trending)

“There will be a time when my vibrations will be felt and appreciated; my awareness will flow beyond limits; this is when I will truly smile”.

Why be in a body when being out of it is so beautiful and peaceful? Why is the embodied state so materialistic driven? Is there so much happiness in materialism, that the soul is forgotten? To be embodied in today's world means to experience pain mentally and physically especially with the ones that hurt the most. The soul watches the body beyond its senses and the bodily limitations of time and space and asks “Why am I in this body?”

“Disembodied, I shall be free of misery that my body is facing; for in this instance my clothes have been torn of my soul and as time goes by they will be ripped further to release my soul.”

Towards less body and more soul

The world is gradually becoming dark with destruction. Death at all stages occurs across the globe as the killing continues and the greed for materialistic needs progresses. Bodies are growing and bodies are perishing. Every now and then, souls are liberated and souls are clothed, and with this change the body is losing its identity, its vigour; for someday the body may be more soul than the body itself. The soul has the ability to materialize and dematerialize into bodily forms as per will; such an irreversible entropic change may change the true existence of life. The avarice for materialistic needs mutilates the body physically and mentally, and unshackles the soul; for as we grow in our materialistic ways, the body and its senses will need to bear this excessive burden as we gradually progress towards a lesser body and more soul.